

Position	Name	Gender	Age Group	Club	Fire Service LSO	Time
1	Grant Baillie	Male	MV40	East Kilbride Athletic Club	Glasgow	25:45
2	Mark Ryan	Male	MV40	PH Racing Club		26:58
3	Bryan Mulgrew	Male	MSen			27:11
4	John Speirs	Male	MV45	Kilmarnock Harrier & Athletic Club		27:35
5	Martin Gore	Male	MV40	Lasswade Athletics Club	Edinburgh	28:00
6	Mark King	Male	MV50	Cambuslang Harriers		28:11
7	Gordon Stanford	Male	MSen	Fife Athletic Club		28:46
8	Ross Granger	Male	MSen	Kilmarnock Harrier & Athletic Club		29:32
9	Zack Haggarty	Male	MU20	Cambuslang Harriers		29:59
10	Mark Young	Male	MSen	Bellahouston Road Runners		30:18
11	Scott Martin	Male	MV50	Kilmarnock Harrier & Athletic Club		31:20
12	Fraser Grant	Male	MSen		Glasgow	31:34
13	Colin Wylie	Male	MV50	Giffnock North AC		32:34
14	Jade Greenshields	Female	FSen	Scottish Fire & Rescue Service AC	PKAD	32:42
15	Des Dickson	Male	MV60	Cambuslang Harriers		32:44
16	Danny McLaughlin	Male	MV60	Greenock Glenpark Harriers	Glasgow	33:01
17	Iain MacDonald	Male	MV40			33:11
18	Amanda Bryden	Female	FSen	Scottish Fire & Rescue Service AC	ENSA	33:31
19	Mikey Vieira da Luz	Male	MV40			34:24
20	Marc Loveday	Male	MSen	East Kilbride Athletic Club		34:26
21	Alan Anderson	Male	MV50	Cambuslang Harriers		34:31
22	Murray MacDonald	Male	MSen			34:52
23	Daniel O'Connell	Male	MV55	Cambuslang Harriers		34:59
24	Ross Nicol	Male	MV40	Penicuik Harriers		35:10
25	Creagh Dooner	Male	MV45		ERRI	35:18
26	Greg Hastie	Male	MV50			35:35
27	Andrew Fish	Male	MV45		FWL	35:55
28	Ailsa Currie	Female	FV40	Police Scotland		36:12
29	Kirsten Vieira Da luz	Female	FSen	Shettleston Harriers		36:16
30	Scott Hastie	Male	MSen			36:33
31	Sandra Band	Female	FV55	Scottish Fire & Rescue Service AC	Fire Guest	36:55
32	Craig Carter	Male	MSen		Glasgow	37:05
33	Russell Duncan	Male	MV60	Kilmarnock Harrier & Athletic Club		37:29
34	Miranda Richmond	Female	FV45			37:31
35	Kevin McNeil	Male	MSen	Greenock Glenpark Harriers		38:03
36	Chris Paton	Male	MV50	Cambuslang Harriers		38:15
37	Richard Bell	Male	MSen		Glasgow	38:33
38	Connor Munro	Male	MSen		Glasgow	38:33
39	John Mackenzie	Male	MV40	Dumbarton AAC		38:49
40	Graeme Binning	Male	MV50	Northumberland Fire and Rescue Service	Not SFRS Employee	39:12
41	James Donald	Male	MSen		Glasgow	39:21
42	Corey Donaldson	Male	MU17	Clydesdale Harriers		39:34
43	Adam Whyte	Male	MSen	Scottish Fire & Rescue Service AC	ENSA	39:36
44	Sandy Eaglesham	Male	MV65	Cambuslang Harriers	Glasgow	39:45
45	Anne Macfarlane	Female	FV60	Dumfries Running Club		39:55
46	Craig Rider	Male	MV40	Scottish Fire & Rescue Service AC	Glasgow	40:03
47	Ryan Holmes	Male	MSen		ERRI	40:15
48	James Cuffe	Male	MV60	Greenock Glenpark Harriers	ERRI	40:19
49	Rodger McEleney	Male	MV65	Scottish Fire & Rescue Service AC		40:27
50	Scott Mackintosh	Male	MV40	Bellahouston Road Runners	Glasgow	40:30
51	Sophie McKeown	Female	FSen			42:04
52	Laura Powell	Female	FV40	Wee County Harriers		42:33
53	Ross Cuffe	Male	MSen		ERRI	43:10
54	Lewis Rider	Male	MU17	Clydesdale Harriers		43:17
55	Peter Ogden	Male	MV70	Scottish Fire & Rescue Service AC	Glasgow	43:20
56	Bob Porteous	Male	MV70	Scottish Veteran Harriers Club		43:23
57	Murdoch Rodgers	Male	MV70	Bellahouston Road Runners		43:36
58	Karen Flynn	Female	FV45			44:09
59	Robert Dockrell	Male	MV65	Scottish Fire & Rescue Service AC		44:20
60	Paul Carbry	Male	MSen		Glasgow	44:34
61	Gerry McManus	Male	MV60	Bellahouston Road Runners	Glasgow	45:16
62	John McManus	Male	MV50			45:17
63	Jamie Cuffe	Male	MSen		ERRI	45:36
64	Iain Rider	Male	MSen			45:47
65	Pauline Kirkcaldy	Female	FV50		Other Directorate	46:17
66	Bozena Gronowska	Female	FV40	Westerlands Cross Country Club		46:23
67	Pritesh Patel	Male	MSen			46:23
68	June MacLeod	Female	FV60	Bellahouston Harriers		46:26

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69	Carole Spy	Female	FV60	Bellahouston Harriers		47:17
70	Kayleigh McInnes	Female	FSen		EWDAB	47:30
71	Sean McGleenan	Male	MV65	Dumfries Running Club		47:39
72	Jonathon McKie	Male	MSen		ENSA	47:46
73	David Geddes	Male	MV65	Garscube Harriers		48:52
74	Kerri Hutchison	Male	MV55			50:01
75	Louise Macdonald	Female	FV45	Wee County Harriers		50:01
76	Jacqueline Glass	Female	FV65	Bellahouston Harriers		51:33
77	Shindy Kalsi	Female	FV50			53:52
78	Deirdre Hoyle	Female	FV70	Bellahouston Harriers		54:59