

# Malvern Joggers 10k 2022

## Overall Results



Pos	Bib	Name	M/F	AG	AG Pos	Club	Chip	Gun
<b>Malvern Joggers 10k</b>								
1.	37	Chris Grubb	1st	M40-49	1st		38:28	<b>38:29</b>
2.	45	Colin Davies	2nd	M Sen	1st		40:37	<b>40:39</b>
3.	99	Henry Pugh	3rd	M Sen	2nd	Malvern Joggers	40:51	<b>40:52</b>
4.	30	Carl Salmon	4th	M Sen	3rd	Malvern Buzzards RC	41:23	<b>41:25</b>
5.	109	James Lush	5th	M Sen	4th	Malvern Buzzards RC	41:40	<b>41:44</b>
6.	54	David Bannister	6th	M40-49	2nd	Ledbury & District Harriers	42:30	<b>42:31</b>
7.	133	Jonathan Phillips	7th	M Sen	5th	Black Pear Joggers	42:41	<b>42:43</b>
8.	200	Neil Warne	8th	M40-49	3rd	Malvern Buzzards RC	42:52	<b>42:53</b>
9.	265	Sophie Booth	1st	F Sen	1st		42:57	<b>42:58</b>
10.	182	Matt Fairlamb	9th	M40-49	4th	Worcester AC	43:10	<b>43:11</b>
11.	132	Jon Newey	10th	M50-59	1st	Black Pear Joggers	43:32	<b>43:34</b>
12.	274	Steve Rooke	11th	M50-59	2nd	Ledbury & District Harriers	43:46	<b>43:47</b>
13.	64	Eamonn o Donovan	12th	M Sen	6th		43:48	<b>43:49</b>
14.	209	Nikki Juniper	2nd	F35-44	1st	Malvern Joggers	43:52	<b>43:53</b>
15.	259	Shaun Green	13th	M Sen	7th	Malvern Joggers	44:02	<b>44:03</b>
16.	215	Paul Dolphin	14th	M Sen	8th	Malvern Buzzards RC	44:25	<b>44:28</b>
17.	145	Kevin kerrigan	15th	M Sen	9th		44:34	<b>44:35</b>
18.	236	Rob Minton	16th	M40-49	5th		44:38	<b>44:40</b>
19.	79	Gareth Thomas	17th	M40-49	6th	Malvern Joggers	44:52	<b>44:53</b>
20.	24	Ben Jones	18th	M40-49	7th		44:49	<b>44:54</b>
21.	88	Greg Lord	19th	M Sen	10th	Malvern Buzzards RC	45:24	<b>45:28</b>
22.	100	Hugh Davies	20th	M50-59	3rd	Worcester AC	45:42	<b>45:43</b>
23.	55	David Oâ€™Brien	21st	M50-59	4th		45:53	<b>45:54</b>
24.	191	Max Wallder	22nd	M Sen	11th	Malvern Joggers	45:56	<b>46:01</b>
25.	292	Chris Pinder	23rd	M Sen	12th	Malvern Buzzards RC	46:10	<b>46:13</b>
26.	56	David Price	24th	M Sen	13th	Worcester AC	46:13	<b>46:14</b>
27.	255	Scott Withey	25th	M Sen	14th	Evesham RC	46:18	<b>46:19</b>
28.	49	Daniel Scolari	26th	M Sen	15th	Black Pear Joggers	46:24	<b>46:31</b>
29.	143	Kevin Garness	27th	M40-49	8th	Black Pear Joggers	46:41	<b>46:43</b>
30.	120	Jeffrey Evans	28th	M40-49	9th	Evesham RC	46:49	<b>46:51</b>
31.	167	Marc Heptinstall	29th	M Sen	16th	Malvern Buzzards RC	46:55	<b>46:57</b>
32.	224	Phil Edwards	30th	M50-59	5th	Worcester AC	47:08	<b>47:10</b>
33.	184	Matt Lambeth	31st	M40-49	10th	Malvern Buzzards RC	47:30	<b>47:33</b>
34.	198	Neil MacDonald	32nd	M40-49	11th		47:33	<b>47:36</b>
35.	17	ANTHONY FOY	33rd	M60-69	1st	Tewkesbury RC	47:34	<b>47:37</b>
36.	168	Marc Soley	34th	M Sen	17th	Malvern Buzzards RC	47:36	<b>47:39</b>
37.	2	Adam Knights	35th	M Sen	18th	Black Pear Joggers	47:37	<b>47:40</b>
38.	261	Simeon Foreman	36th	M40-49	12th	Malvern Buzzards RC	47:42	<b>47:45</b>
39.	204	Nick Spice	37th	M40-49	13th		47:46	<b>47:52</b>
40.	101	Hugo Rees	38th	M50-59	6th		47:54	<b>47:58</b>
41.	155	Lewis Towers	39th	M Sen	19th	Knowle & Dorridge RC	48:09	<b>48:11</b>
42.	243	Rupert Needham	40th	M40-49	14th		48:18	<b>48:20</b>
43.	246	Sam Eden	41st	M Sen	20th	Malvern Buzzards RC	48:24	<b>48:29</b>
44.	129	John Featherstone	42nd	M50-59	7th	Newent Runners	48:34	<b>48:42</b>
45.	213	Paul Barlow	43rd	M50-59	8th	Pershore Plum Plodders	49:18	<b>49:21</b>
46.	36	Chris Law	44th	M50-59	9th		49:09	<b>49:22</b>
47.	180	Martin Reed-Darby	45th	M Sen	21st	Malvern Buzzards RC	49:20	<b>49:24</b>
48.	195	Mr Christopher Nicholls	46th	M40-49	15th	Tewkesbury RC	49:16	<b>49:25</b>

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Pos	Bib	Name	M/F	AG	AG Pos	Club	Chip	Gun
49.	11	Andrew Callard	47th	M60-69	2nd	Newent Runners	49:18	49:28
50.	119	Jasper trevelyan	48th	M50-59	10th	Malvern Buzzards RC	49:39	49:44
51.	185	Matt Lessimore	49th	M40-49	16th	Worcestershire	49:47	49:52
52.	201	Nic Dauncey	50th	M50-59	11th	Black Pear Joggers	49:57	50:01
53.	250	Sarah Davies	3rd	F35-44	2nd		50:05	50:07
54.	122	Jerry Greer	51st	M60-69	3rd	Malvern Joggers	50:04	50:11
55.	128	John Bryan	52nd	M40-49	17th	Malvern Buzzards RC	50:26	50:29
56.	189	Matthew Cole	53rd	M Sen	22nd	Newent Runners	50:32	50:41
57.	146	Kier Spiers	54th	M40-49	18th		50:45	50:47
58.	6	Allard Alfrink	55th	M40-49	19th		50:41	50:48
59.	194	Mike Kennedy	56th	M50-59	12th	Almost Athletes	50:50	50:55
60.	127	John Brennan	57th	M40-49	20th	Worcester AC	50:57	51:05
61.	210	Paddy Sheridan	58th	M50-59	13th		51:14	51:20
62.	256	Sean Taylor	59th	M40-49	21st		51:26	51:31
63.	3	Aiveen Digby	4th	F Sen	2nd	Malvern Joggers	51:31	51:34
64.	78	Gareth Jones	60th	M Sen	23rd	Black Pear Joggers	51:32	51:39
65.	67	Edward O'Neill	61st	M50-59	14th	Sparkhill Harriers	51:55	52:01
66.	239	Robert Kerr	62nd	M60-69	4th	Ledbury & District Harriers	52:00	52:03
67.	208	Nigel Edwards	63rd	M40-49	22nd	Pershore Plum Plodders	52:11	52:15
68.	7	Ally Walker	5th	F Sen	3rd	Black Pear Joggers	52:17	52:24
69.	221	Pete Scott	64th	M40-49	23rd		52:21	52:27
70.	39	Chris Reed	65th	M40-49	24th	Malvern Joggers	52:33	52:38
71.	93	Heather Lavelle	6th	F35-44	3rd	Worcestershire	52:39	52:44
72.	21	Barbara Gawlak	7th	F35-44	4th	Malvern Buzzards RC	52:53	52:56
73.	199	Neil Robbie	66th	M50-59	15th	Worcestershire	52:59	53:03
74.	181	Martin Thomas	67th	M50-59	16th	Malvern Buzzards RC	52:58	53:07
75.	25	Bill Adsett	68th	M50-59	17th	Malvern Buzzards RC	53:21	53:30
76.	4	Alexander Teague	69th	M Sen	24th		53:26	53:39
77.	175	Mark Flanagan	70th	M40-49	25th		53:34	53:43
78.	222	Peter Carwardine	71st	M60-69	5th	Hereford Couriers RC	53:49	53:52
79.	118	Jason wolf	72nd	M40-49	26th		53:58	54:00
80.	8	Amy Smith	8th	F35-44	5th	Hereford Couriers RC	54:02	54:06
81.	283	Tony Lewington	73rd	M60-69	6th	Worcestershire	54:05	54:15
82.	288	Wesley Ogden	74th	M50-59	18th	Malvern Buzzards RC	54:07	54:17
83.	139	Kate dolphin	9th	F35-44	6th	Malvern Buzzards RC	54:09	54:18
84.	161	Lucinda LUMLEY	10th	F Sen	4th	Angels RC	54:05	54:20
85.	290	William Joseph Pemberton	75th	M Sen	25th	Evesham RC	54:23	54:30
86.	151	Laurence Howles	76th	M40-49	27th		54:20	54:33
87.	217	Paul Heywood	77th	M40-49	28th		54:25	54:37
88.	233	Richard Bradley	78th	M60-69	7th		54:39	54:46
89.	87	Graham Bell	79th	M50-59	19th	Ledbury & District Harriers	54:42	54:46
90.	220	Paul White	80th	M50-59	20th	Malvern Buzzards RC	54:44	54:49
91.	108	James Keith Moss	81st	M40-49	29th		54:47	54:53
92.	277	Stuart Wakelam	82nd	M60-69	8th	Black Pear Joggers	54:53	55:00
93.	187	Matthew Bourne	83rd	M Sen	26th		54:52	55:02
94.	95	Helen Easthope	11th	F45-54	1st	Lonely Goat RC	54:56	55:04
95.	268	Stephen Alexander	84th	M40-49	30th		54:54	55:04
96.	160	Lucie Lessimore	12th	F45-54	2nd	Black Pear Joggers	55:00	55:06
97.	69	Elisabeth Merrett	13th	F35-44	7th		55:02	55:08

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Pos	Bib	Name	M/F	AG	AG Pos	Club	Chip	Gun
98.	142	Keith Hinton	85th	M50-59	21st	Black Pear Joggers	55:12	55:18
99.	173	Mark Bradley	86th	M60-69	9th	Black Pear Joggers	55:15	55:21
100.	46	Cory Ledgister	87th	M Sen	27th	Lonely Goat RC	55:18	55:24
101.	113	Jane Sauer	14th	F45-54	3rd	Tewkesbury RC	55:17	55:30
102.	148	Kirk Denton	88th	M40-49	31st	Black Pear Joggers	55:43	55:49
103.	216	Paul Dowling	89th	M60-69	10th	Newent Runners	55:43	55:57
104.	23	Ben Brown	90th	M Sen	28th	Hereford Couriers RC	55:56	55:58
105.	202	Nichola Robinson	15th	F35-44	8th	Black Pear Joggers	55:57	56:04
106.	10	Andrew Bottomley	91st	M50-59	22nd	Black Pear Joggers	56:21	56:28
107.	177	Martha Worthington	16th	F35-44	9th	Malvern Buzzards RC	56:20	56:31
108.	225	Phil Miles	92nd	M40-49	32nd		56:31	56:37
109.	271	Stephen Procter	93rd	M50-59	23rd	Malvern Joggers	56:34	56:39
110.	157	Linda Blake	17th	F35-44	10th	Malvern Buzzards RC	56:37	56:44
111.	254	Scott Harford	94th	M Sen	29th		56:30	56:47
112.	13	Andy Chambers	95th	M60-69	11th	Newent Runners	56:36	56:47
113.	12	Andrew hughes	96th	M50-59	24th	Malvern Buzzards RC	57:08	57:17
114.	44	Cliff Wood	97th	M50-59	25th	Black Pear Joggers	57:19	57:25
115.	162	Lucy Chapman	18th	F Sen	5th	Knowle & Dorridge RC	57:19	57:26
116.	153	Lee Saunders	98th	M40-49	33rd		57:19	57:27
117.	218	Paul Hill	99th	M40-49	34th		57:16	57:29
118.	278	Sue Baldwin	19th	F55-64	1st	Tewkesbury RC	57:19	57:33
119.	66	Edward Munro	100th	M60-69	12th	Almost Athletes	57:38	57:48
120.	117	Jason Keyte	101st	M Sen	30th	Malvern Buzzards RC	57:59	58:09
121.	126	Joe Woods	102nd	M Sen	31st		58:20	58:31
122.	140	Katie Gromski	20th	F35-44	11th	Black Pear Joggers	58:25	58:33
123.	33	Caroline Kerr	21st	F55-64	2nd	Ledbury & District Harriers	58:40	58:45
124.	103	Ian Yorke	103rd	M50-59	26th	Malvern Buzzards RC	58:35	58:47
125.	270	stephen palmer	104th	M40-49	35th		58:45	58:56
126.	72	Emily Fitzherbert	22nd	F Sen	6th	Newent Runners	58:44	58:57
127.	178	Martin Hollingworth	105th	M50-59	27th		58:57	59:08
128.	227	Rachael Alexander	23rd	F35-44	12th	Worcester AC	59:05	59:17
129.	188	matthew capel	106th	M40-49	36th	Black Pear Joggers	59:44	59:51
130.	166	Malcolm Le Chevalier	107th	M Sen	32nd	Pershore Plum Plodders	59:51	59:56
131.	251	Sarah Dennis	24th	F45-54	4th	Tewkesbury RC	59:51	1:00:03
132.	269	Stephen Longley	108th	M50-59	28th		1:00:10	1:00:19
133.	230	Rachel Reed	25th	F35-44	13th	Malvern Joggers	1:00:15	1:00:20
134.	228	Rachael Lewis	26th	F Sen	7th	Black Pear Joggers	1:00:15	1:00:23
135.	252	Sarah Thomas	27th	F35-44	14th	Malvern Joggers	1:00:26	1:00:31
136.	300		1st		1st		1:00:44	1:00:53
137.	174	MARK CHILDE	109th	M40-49	37th	Malvern Buzzards RC	1:00:48	1:01:07
138.	235	Ro Cole	28th	F55-64	3rd		1:01:13	1:01:18
139.	112	Jane Roberts	29th	F55-64	4th	Malvern Joggers	1:01:24	1:01:28
140.	193	Michael Hall	110th	M Sen	33rd		1:01:21	1:01:29
141.	71	Ella Hogan	30th	F35-44	15th	Ledbury & District Harriers	1:01:33	1:01:38
142.	61	Derren Ball	111th	M50-59	29th	Newent Runners	1:01:28	1:01:40
143.	144	Kevin Hart	112th	M50-59	30th	Malvern Buzzards RC	1:01:36	1:01:47
144.	65	Edward Lea	113th	M50-59	31st		1:01:50	1:01:54
145.	299	Nicola Tyler	31st	F45-54	5th	Hereford Couriers RC	1:02:12	1:02:13
146.	263	Simon Gallagher	114th	M Sen	34th	Malvern Joggers	1:02:08	1:02:15

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Pos	Bib	Name	M/F	AG	AG Pos	Club	Chip	Gun
147.	86	Gerald Sanders	115th	M60-69	13th	Black Pear Joggers	1:02:14	1:02:23
148.	280	Sven Rouse	116th	M40-49	38th	Worcestershire	1:02:19	1:02:25
149.	106	Jacy Dickerson	32nd	F55-64	5th		1:02:40	1:02:45
150.	81	Gemma Brown	33rd	F35-44	16th	Droitwich AC	1:02:42	1:02:56
151.	70	Elizabeth Slack	34th	F55-64	6th	Malvern Buzzards RC	1:02:43	1:03:01
152.	257	Selena whittaker	35th	F35-44	17th		1:03:08	1:03:15
153.	163	Lucy Gallagher	36th	F55-64	7th	Malvern Joggers	1:03:17	1:03:23
154.	98	Helen Woodman	37th	F55-64	8th	Malvern Triathlon Club	1:03:26	1:03:38
155.	293	Evangeline Hughes	38th	F35-44	18th		1:03:32	1:03:44
156.	15	Ann Hewlett	39th	F45-54	6th	Pershore Plum Plodders	1:03:41	1:03:48
157.	203	Nicholas Tyler	117th	M40-49	39th	Ledbury & District Harriers	1:03:57	1:04:12
158.	294	Ian Danby	118th	M50-59	32nd		1:04:06	1:04:16
159.	286	Victoria Kennedy	40th	F35-44	19th	Almost Athletes	1:04:10	1:04:20
160.	156	Lily Price	41st	F45-54	7th	Malvern Buzzards RC	1:04:15	1:04:26
161.	138	Karen Moseley	42nd	F55-64	9th	Black Pear Joggers	1:04:41	1:04:54
162.	42	Claire Minett	43rd	F45-54	8th	Newent Runners	1:04:49	1:05:02
163.	29	Carl nichols	119th	M50-59	33rd		1:05:03	1:05:16
164.	94	Helen Burton	44th	F55-64	10th	Black Pear Joggers	1:05:06	1:05:17
165.	179	Martin May	120th	M50-59	34th	Malvern Joggers	1:05:28	1:05:31
166.	83	Georgia Sammons	45th	F Sen	8th	Malvern Buzzards RC	1:05:25	1:05:36
167.	59	Debbie Band	46th	F55-64	11th	Black Pear Joggers	1:05:22	1:05:36
168.	169	Marcus Fisher	121st	M50-59	35th	Pershore Plum Plodders	1:05:33	1:05:43
169.	287	Victoria Wadley	47th	F45-54	9th		1:05:46	1:05:52
170.	114	Jane Thomas	48th	F45-54	10th	Malvern Buzzards RC	1:05:44	1:05:57
171.	264	Sophie Barnes	49th	F45-54	11th	Malvern Joggers	1:05:49	1:06:01
172.	22	Belinda Morgan	50th	F45-54	12th	Newent Runners	1:06:05	1:06:19
173.	242	Rumana Edwards	51st	F45-54	13th	Malvern Joggers	1:06:17	1:06:19
174.	158	Lisa Smedley	52nd	F45-54	14th	Malvern Joggers	1:06:37	1:06:45
175.	229	Rachel Bannister	53rd	F45-54	15th	Ledbury & District Harriers	1:06:40	1:06:46
176.	248	Sara Force	54th	F45-54	16th	Angels RC	1:06:48	1:07:02
177.	150	Kirsty Wilks	55th	F Sen	9th		1:06:56	1:07:06
178.	134	Joy Wilson	56th	F55-64	12th		1:07:00	1:07:11
179.	116	Jason Cox	122nd	M50-59	36th	Malvern Buzzards RC	1:07:05	1:07:21
180.	272	Steve Harris	123rd	M70-79	1st	Black Pear Joggers	1:07:28	1:07:45
181.	212	Patricia Johnson	57th	F65-74	1st	Malvern Joggers	1:07:39	1:07:49
182.	240	Robyn Hall	58th	F Sen	10th	Malvern Buzzards RC	1:07:40	1:08:00
183.	253	Sarah Turner	59th	F Sen	11th	Malvern Buzzards RC	1:07:41	1:08:01
184.	149	Kirstin Bluck	60th	F45-54	17th	Worcestershire	1:07:57	1:08:02
185.	192	Michael Anstey	124th	M60-69	14th	Malvern Buzzards RC	1:07:53	1:08:12
186.	137	Karen Hobson	61st	F45-54	18th	Malvern Joggers	1:08:37	1:08:48
187.	50	Darren Perry	125th	M40-49	40th	Black Pear Joggers	1:08:53	1:09:04
188.	125	Jo Judd	62nd	F45-54	19th	Malvern Joggers	1:08:58	1:09:19
189.	226	Philip Jeyes	126th	M50-59	37th	Almost Athletes	1:09:10	1:09:26
190.	273	Steve Nicoll	127th	M50-59	38th	Pershore Plum Plodders	1:09:39	1:09:46
191.	48	Dan Webb	128th	M50-59	39th	Malvern Joggers	1:09:41	1:09:53
192.	60	Debbie Davies	63rd	F35-44	20th	Lonely Goat RC	1:09:39	1:09:53
193.	68	Eleanor Robinson	64th	F65-74	2nd	Pershore Plum Plodders	1:10:15	1:10:23
194.	9	Andrea Longley	65th	F45-54	20th		1:10:13	1:10:28
195.	135	Jude Rodrigues	129th	M50-59	40th	Tewkesbury RC	1:10:25	1:10:41



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Pos	Bib	Name	M/F	AG	AG Pos	Club	Chip	Gun
196.	47	Craig Prosser	130th	M40-49	41st	Tewkesbury RC	1:10:25	1:10:43
197.	249	Sarah Cuddy	66th	F45-54	21st	Malvern Buzzards RC	1:11:00	1:11:17
198.	74	Emma Davies	67th	F45-54	22nd	Malvern Joggers	1:11:44	1:11:49
199.	141	Keith Forde	131st	M40-49	42nd	Malvern Buzzards RC	1:11:52	1:11:55
200.	164	Lynda Broadway	68th	F55-64	13th	Malvern Buzzards RC	1:11:40	1:11:58
201.	57	Dawn Hill	69th	F35-44	21st	Droitwich AC	1:11:51	1:12:03
202.	31	Carole Lubkowski	70th	F65-74	3rd	Malvern Joggers	1:12:49	1:12:59
203.	121	Jenny Litchfield	71st	F35-44	22nd		1:13:09	1:13:25
204.	159	Louise Seeney	72nd	F45-54	23rd		1:13:22	1:13:34
205.	115	Janet Adsett	73rd	F55-64	14th	Malvern Buzzards RC	1:13:59	1:14:11
206.	214	Paul carter	132nd	M50-59	41st		1:14:05	1:14:15
207.	267	Steph Abdoh	74th	F35-44	23rd		1:14:23	1:14:30
208.	260	Sheena Moseley	75th	F45-54	24th	Tewkesbury RC	1:14:22	1:14:40
209.	104	Jackie Turner	76th	F45-54	25th	Pershore Plum Plodders	1:14:27	1:14:43
210.	53	Dave Matthews	133rd	M40-49	43rd	Lonely Goat RC	1:14:39	1:14:49
211.	172	Marie McNally	77th	F45-54	26th	Malvern Joggers	1:15:05	1:15:10
212.	245	Sally Jakeman	78th	F Sen	12th	Malvern Buzzards RC	1:15:11	1:15:24
213.	41	Claire Gent	79th	F35-44	24th	Tewkesbury RC	1:15:25	1:15:43
214.	247	samantha robinson	80th	F55-64	15th	Tewkesbury RC	1:15:25	1:15:43
215.	75	Emma Harbord	81st	F45-54	27th	1066 Triathletes	1:15:38	1:15:45
216.	43	Claire nichols	82nd	F55-64	16th		1:15:32	1:15:47
217.	238	Robert Dowse	134th	M Sen	35th	Malvern Joggers	1:15:46	1:16:04
218.	152	Lee knight	135th	M50-59	42nd		1:16:34	1:16:37
219.	102	Ian mylotte	136th	M40-49	44th		1:16:33	1:16:50
220.	170	Margaret Crosswell	83rd	F75-84	1st	Worcester AC	1:16:46	1:17:02
221.	105	Jacqui Wilson	84th	F45-54	28th	Malvern Buzzards RC	1:16:50	1:17:08
222.	5	Alison Foster	85th	F55-64	17th	Malvern Buzzards RC	1:16:48	1:17:08
223.	96	Helen Kelly	86th	F45-54	29th	Newent Runners	1:18:11	1:18:25
224.	281	Tanya Feasey	87th	F35-44	25th		1:20:04	1:20:13
225.	136	Judy Cera	88th	F55-64	18th		1:20:55	1:21:03
226.	207	Nicola Murphy	89th	F55-64	19th	Malvern Joggers	1:21:25	1:21:36
227.	97	Helen Thomas	90th	F35-44	26th	Malvern Joggers	1:22:03	1:22:20
228.	16	Anthea Elston	91st	F55-64	20th		1:22:16	1:22:31
229.	89	Hannah Bacon	92nd	F Sen	13th	Malvern Buzzards RC	1:22:53	1:23:09
230.	285	Vicky Watts	93rd	F35-44	27th	Malvern Buzzards RC	1:22:54	1:23:09
231.	27	Cam white	94th	F35-44	28th	Malvern Joggers	1:24:31	1:24:43
232.	1	Abigail Pamich	95th	F45-54	30th	Malvern Joggers	1:25:15	1:25:15
233.	84	Georgina Dransfield	96th	F Sen	14th	Malvern Joggers	1:25:21	1:25:34
234.	111	Jane Palfreman	97th	F55-64	21st	Malvern Joggers	1:25:24	1:25:35
235.	131	JohnButler	137th	M70-79	2nd	Stratford-upon-Avon AC	1:25:38	1:25:56
236.	91	Hannah Jakeman	98th	F Sen	15th		1:28:52	1:29:06
237.	154	Lesley Pymm	99th	F65-74	4th	Bournville Harriers	1:29:17	1:29:34
238.	40	claire bryan	100th	F35-44	29th		1:29:59	1:30:16
239.	291	Catherine Chapman	101st	F35-44	30th	Newent Runners	1:30:13	1:30:24

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